

UP AND COMING EVENTS

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}
DIV.Section1 {
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}Run for The Nasio Trust!

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Whatever your running experience or preferred distance, please run for us and raise money for orphaned and vulnerable HIV / AIDS orphans in Kenya, Africa. We currently have guaranteed places available on the 2010 British 10K London Run. If you fancy doing a different event please contact us and we'll look into other fundraising events that you could enter as an individual or perhaps as a corporate team. We are on hand to help with fundraising tips and to answer your questions. We often have guaranteed places on runs but for most events you can enter independently or through a balloting system for your own place. You can still raise sponsorship for The Nasio Trust. We will support you with sponsorship forms, fundraising advice and information, online fundraising tips, The Nasio Trust literature to show your sponsors and of course, an obligatory orange T-shirt! Download your registration form [here](#).

The Three Peaks Challenge

This is a tough challenge, climbing and descending over 3,000m in 24 hours. We have places available in July 2010. This is a popular, all-inclusive challenge organised by our specialist team. Places go very quickly so please email events@thenasiotrust.org to register your interest. The Three Peaks Challenge is to climb the three highest peaks in the UK in a 24 hour period:

- Scotland - Ben Nevis at 1,343m
- England - Scafell Pike at 978m
- Wales - Snowdon at 1,085m

Charity Skydive - Summer 2010

Make an adrenaline charged tandem skydive from up to 10,000ft and you can be certain that 2010 will be a year to remember! Experience the calm serenity of falling through the clouds and the unparalleled rush of free falling at speeds of around 120mph! "My skydive was breathtaking, especially during the free fall! Thank you The Nasio Trust for the opportunity." Strapped to your British Parachute Association approved instructor you will free fall from 10,000 to 5,000 feet for the thrill of a lifetime where your parachute will open and you will glide safely down to earth. Find out more about tandem skydives please e-mail us at info@thenasiotrust.org

Kilimanjaro Charity Challenge

Experience the challenge of a life time and raise funds for HIV orphans in Kenya.

For details of what the climb involves [click here](#). If you're already raring to go, [click here](#) for a registration form. If you have any queries about this challenge, contact Jonathan Hunt at jonathan.hunt@thenasiotrust.org